



APA STYLE GUIDE

Based on *Publication Manual of the American Psychological Association*, 6th ed. (2009)

In Text References

Citing References

Print Sources: Journals

Print Sources: Books, reports, documents, etc.

Electronic Sources (online/web): articles, ebooks, reports, media, data, blogs, wiki, podcasts, etc.

Style Formatting Software

Web Sites and Tutorials

American Psychological Association or **APA** style is widely accepted in the Social Sciences. For more information consult the **6th edition of the *Publication Manual of the American Psychological Association*** located on 2 North Reference and in Dictionary Stands on all floors: BF 76.7 P83 2010. Publication Manual sections are noted in square brackets [].

IN TEXT REFERENCES [6.11-6.22]

Throughout the body of your paper, briefly note the author and date of research that you mention. Enough information is needed to identify the correct source in the References list at the end of your paper. For more information and examples, see Table 6.1 in the 6th ed. Publication Manual.

- **Author and Date Cited in Text** (no parenthetical citation necessary)

In a 1989 article, Gould explores some of Darwin's most effective metaphors.

- **Author Not Cited in Text**

As metaphors for the workings of nature, Darwin used the tangled bank, the tree of life, and the face of nature (Gould, 1989).

- **Author Cited in Text**

Gould (1989) attributes Darwin's success to his gift for making the appropriate metaphor.

- **Direct Quotation with Name of Author**

Gould (1989) explains that Darwin used the metaphor of the tree of life "to express the other form of interconnectedness—genealogical rather than ecological—and to illustrate both success and failure in the history of life" (p. 14).

- **Direct Quotation without Name of Author**

Darwin used the metaphor of the tree of life "to express the other form of interconnectedness—genealogical rather than ecological" (Gould, 1989, p. 14).

For each of the samples above the correct "References" APA style format would be:

Gould, S. J. (1989). The wheel of fortune and the wedge of progress. *Natural History*, 98(3), 14-21.

- **Quoting references that cite other works** [6.17]

To cite secondary sources, refer to both sources in the text, but include in the References list only the source that you actually used. For instance, suppose you read Feist (1998) and would like to paraphrase the following sentence within that book:

Bandura (1989) defined self-efficacy as "people's beliefs about their capabilities to exercise control over events that affect their lives" (p. 1175).

In this case, your in text citation would be: (Bandura, 1989, as cited in Feist, 1998).

Feist (1998) would be fully referenced within the list of References. Bandura (1989) would not be listed. Remember to use the examples in this handout to cite and reference your quote correctly.

CITING REFERENCES

For more information and examples, see sections 6.22-6.32 in the 6th ed. Publication Manual:

- Begin your list of references on a new page, headed with the word "References" centered at the top.
- Use "Reference" if there is only one.
- Alphabetize the list by author's last name. If there is no author given, start with the first significant word in the title.
- For article titles, capitalize only the first word of the title and subtitle, and proper names.
- Periodical titles should be written in full with both capital and lower case letters.
- If an article Digital Object Identifier (doi) is noted in the print article, include it. See Electronic References below, page 5 of this guide, for more information on doi.
- References are to be in a hanging indent format, meaning that the first line of each reference is set flush left and subsequent lines are indented.
- Double space the entire document.

Example:

Klimoski, R., & Palmer, S. (1993). The ADA and the hiring process in organizations. *Consulting Psychology Journal: Practice and Research*, 45(2), 10-36. doi: 10.1037/1061-4087.45.2.10

PRINT SOURCES: JOURNAL ARTICLES

(periodical articles published in journals, magazines, newspapers, etc.)

Format: Author, A. A., Author, B. B., & Author, C. C. (year). Title of article. *Title of Periodical*, volume (issue), pages. doi: unique identifier

- **One Author** [6.27]

Mellers, B. A. (2000). Choice and the relative pleasure of consequences. *Psychological*

Bulletin, 126, 910-924. doi: 10.1037/0033-2909.126.6.910

Note: Include issue number if the journal is paginated separately by issue. [6.30]

- **Two to Seven Authors** [6.27]

Klimoski, R., & Palmer, S. (1993). The ADA and the hiring process in organizations.

Consulting Psychology Journal: Practice and Research, 45(2), 10-36. doi: 10.1037/1061-4087.45.2.10

- **Eight or More Authors** [7.01.2]

Wolchik, S. A., West, S. G., Sandler, I. N., Tein, J., Coatsworth, D., Lengua, L., ...Griffin, W. A.

(2000). An experimental evaluation of theory-based mother and mother-child programs for children of divorce. *Journal of Consulting and Clinical Psychology*, 68, 843-856. doi:

10.1037/0022-006X.68.5.843

Note: Include all authors up to and including seven. For eight or more, include the first six, then an ellipsis, followed by the last author's name. [6.27]

- **Magazine Article** [7.01.7]

Rodgers, J. (2006, July). Extreme psychology. *Psychology Today*, 39(4), 86-93.

- **Review of a Book** [7.06.45]

Schatz, B. R. (2000, November 17). Learning by text or context? [Review of the book *The social life of information* by J.S. Brown & P. Duguid]. *Science*, 290, 1304. doi:

10.1126/science.290.5495.1304

- **Daily Newspaper Article, No Author** [7.01.10]

New drug appears to sharply cut risk of death from heart failure. (2001, August 3).

The Washington Post, p. A12.

Note: Use **p.** or **pp.** before page number. If the article had more than one page but not continuous then the citation would be "pp. A12, A14."

- **Letter to the Editor, Newspaper Article** [7.01.15]

Berkowitz, A.D. (2000, November 24). How to tackle the problem of student drinking [Letter to the editor]. *The Chronicle of Higher Education* 47(13), p. B20.

- **Entire Issue of a Journal** [7.01.12]

Barlow, D.H. (Ed.). (1991). Diagnoses, dimensions, and DSM-IV: The science of classification [Special issue]. *Journal of Abnormal Psychology*, 100(3).

PRINT SOURCES: BOOKS AND REPORTS

Format: Author, A. A. (year). *Title of work*. Location: Publisher.

- **Book** [7.02.18]

Mitchell, T. R., & Larson, J. R., Jr. (1987). *People in organizations: An introduction to organizational behavior* (3rd ed.). New York, NY: McGraw-Hill.

Note: Give the complete location (e.g., city and abbreviated state in the United States) for the publisher. If the publisher is a university and the name of the state is part of the university name, do not repeat the state in the location information. [6.30]

- **A Book by More than One Author** [7.02.24]

Levison, M., Ward, R. G., & Webb, J. W. (1973). *The settlement of Polynesia: A computer simulation*. Minneapolis: University of Minnesota Press.

- **Edited Book** [7.02.22-24]

Ruiz, V. L., & Sánchez Korrol, V. (Eds.). (2006). *Latinas in the United States: A historical encyclopedia*. Bloomington: Indiana University Press.

- **Corporate Author as Publisher** [7.02]

American Psychiatric Association. (1994). *Diagnostic and statistical manual of mental disorders* (4th ed.). Washington, DC: Author.

- **Anonymous Author** [6.27]

Guidelines and application form for directors, 1990 summer seminar for school teachers. (1988). Washington, DC: National Endowment for the Humanities.

- **Chapter in a Book** [7.02.25]

Massaro, D. (1992). Broadening the domain of the fuzzy logical model of perception. In H. L. Pick Jr., P. van den Broek, & D.C. Knill (Eds.), *Cognition: Conceptual and methodological issues* (pp. 51-84). Washington, DC: American Psychological Association.

- **ERIC Document** [7.09.62]

Mead, J. V. (1992). *Looking at old photographs: Investigating the teacher tales that novice teachers bring with them* (Report No. NCRTL-RR-92-4). East Lansing, MI: National Center for Research on Teaching Learning. (ED346082)

- **Government Report** [7.03.31]

ELECTRONIC REFERENCES (BROADCAST, ONLINE and WEB SITES)

Many scholarly publishers have been assigning unique identifiers to each published article. The **DOI (Digital Object Identifier)** is an alpha-numeric code registered to each scholarly article in order to assign a persistent link to the article. **The DOI has replaced the database name and URL in the list of references.** Because the link is to the final and archival version, do not include a retrieval date. Since DOI numbers are complex, copy and paste DOI into the reference. **APA recommends that the DOI be included for both print and online citations.**

Citing electronic sources is similar to citing print sources; citations direct readers to the source or as close as possible.

Where do I find a DOI?

- It may be part of a database record citation or abstract.
- It may be found on the first page of the article, especially in pdf format.
- Use **DOI Lookup** (<http://www.crossref.org/guestquery/>)
- Cut and paste a citation into **CrossRef Simple Text Query** (<http://www.crossref.org/SimpleTextQuery/>)
- Verify a known DOI by using **CrossRef DOI Resolver** (http://www.crossref.org/05researchers/58doi_resolver.html)

Format: Author, A. A., Author, B. B., & Author, C. C. (year). Title of article. *Title of Periodical*, volume(issue), pages. doi: unique identifier

- **Full-Text Article with DOI assigned [7.01.1]**

Jacobson, J. W., Mulick, J. A., & Schwartz, A. A. (1995). A history of facilitated communication: Science, pseudoscience, and antiscience. *American Psychologist*, 50, 750-765. doi: 10.1037/0003-066X.50.9.750

Stevenson, W., Maton, K. I., & Teti, D. M. (1999). Social support, relationship quality, and well-being among pregnant adolescents. *Journal of Adolescence*, 22, 109-121. doi: 10.1006/jado.1998.0204

- **Full-Text Articles without a DOI [6.32]**

If no DOI has been assigned, provide the home page URL of the journal, book or report publisher. If you are accessing through a database, you may need to do a web search to locate the URL. It is not necessary to include the name of the database. **There is no period at the end of a reference citation ending with a URL.**

Francis-Smythe, J., & Robertson, I. (1999). Time-related individual differences.

Time & Society, 8, 273-292. Retrieved from <http://intl-tas.sagepub.com>

Senior, B. (1997). Team roles and team performance: Is there really a link? *Journal of*

Occupational and Organizational Psychology, 70, 241-258. Retrieved from

<http://bpsjournals.co.uk/journals/joop>

- **Online Newspaper Article** [7.01.11]

McHugh, P. (2005, March 17). Feeling down? It might help if you just take it outside.

San Francisco Chronicle. Retrieved from <http://sfgate.com>

- **Research or Technical Report from a Web Site** [7.03]

NAACP. (n.d.). Juvenile justice fact sheet. Retrieved December 11, 2007, from

<http://www.naacp.org/advocacy/research/facts/Juvenile%20Justice.pdf>

Note: if no date is available, use (n.d.). [6.28]

- **Article from Web Site or E-journal** [7.01.3]

Takase, A. (2007). Japanese high school students' motivation for extensive L2 reading.

Reading in a Foreign Language, 19(1), 1-18. Retrieved from

<http://nflrc.hawaii.edu/rfl/April2007/takase/takase.pdf>

ACLU. (2007, November 29). FBI improperly using Patriot Act surveillance

powers, ACLU charges. Retrieved from

<http://www.aclu.org/safefree/nationalsecurityletters/32904prs20071129.html>

- **Television Broadcast** [7.07.51]

Crystal, L. (Executive Producer). (1993, October 11). *The MacNeil/Lehrer news hour*.

[Television broadcast]. New York and Washington, DC: Public Broadcasting Service.

- **Electronic Book from Web Site** [7.02.19]

O'Keefe, E. (n.d.). *Egoism & the crisis in Western values*. Retrieved from

<http://onlineoriginals.com/showitem.asp?itemID=135>

- **Electronic Book from Database** [7.02.19]

Gates, J.M. (1999). *Consider the Earth: Environmental activities for grades 4-8*.

Retrieved from <http://www.netlibrary.com>

- **Wiki** [7.11]

Psychometric assessment [Wiki]. (2009, September 9). Retrieved from

http://psychology.wikia.com/wiki/Psychometirc_assessment

- **Data set** [7.08.54]

Pew Hispanic Center. (2004). *Changing channels and crisscrossing cultures: A survey of*

Latinos on the news media [Data file and code book]. Retrieved from

<http://pewhispanic.org/datasets/>

- **Blog post** [7.11.76]

bfi. (2007, January 22). Re: The unfortunate prerequisites and consequences of partitioning your mind [Web log message]. Retrieved from

http://scienceblogs.com/pharyngula/2007/the_unfortunate_prerequisites.php

- **Audio podcast** [7.07.50]

Van Nuys, D. (Producer). (2006, October 13). Understanding autism [Audio Podcast]. Retrieved from

<http://www.shrinkrapradio.com/>

- **Court decision, case** [A7.03]

Lessard v. Schmidt, 349 F. Supp. 1078 (E.D. Wis. 1972).

Note: For more information on preparing all kinds of legal reference, consult the latest edition of *The Bluebook: A Uniform System of Citation* 2North Reference KF 245 .U55 2005.

- **Statutes** [A7.04.9]

Mental Health Systems Act, 42 U.S.C. § 9401 (1988).

- **Patents** [A7.07]

Perez, C. G. (1998). *U.S. Patent No. 05,984,753*. Washington, DC: U.S. Patent and Trademark Office.

MORE HELP WITH APA

Can't find the right rule? If you do not find a rule in this guide to fit the specific citation situation you are working on, you need to consult the 6th edition of the *Publication Manual of the American Psychological Association*. Copies are available at all dictionary stands on all four floors in the Library, in Reference BF 76.7 P83 2010, and in the Reserve Book Room for a 2 hour check out period. **Reference examples are in Chapter Seven.**

It is impossible to have an example for every type of source available. If you are unable to find the perfect example, remember, that the purpose of listing references is to allow readers to retrieve and use your sources. Find the closest example; and put as much information as you think necessary in your citation to ensure that the source can be retrieved in the future.

Students may also seek assistance with papers for any class in any department, or for preparation for writing exams at the **CSUS Writing Center**. The Writing Center is located in Room 128 of Calaveras Hall.

Also consider taking one of the drop-in classes in the Library. Classes are held throughout the semester. Check at the Reference Desk (2North) for a schedule of workshops or on the **Library Instruction** web page

Examples are also available on the web sites listed below.

STYLE FORMATTING SOFTWARE

- **Endnote x3:** for Windows XP Pro and Windows Vista, download the licensed software after entering your SacLink user name and password. Recommended for Graduate students and

researchers. Software Distribution Web Site: <http://softdist1.csus.edu/welcome.aspx>

- **How to add APA 6th edition style to Endnote x3** (from St. Louis University): <http://libguides.slu.edu/content.php?pid=29170&sid=487110>
- **Endnote Web 2.7**: web based Endnote, recommended for undergraduates. To register for an account, go to Database & Article Searching > choose "S" in the alphabetical list of databases > scroll down to Social Science Citation Index. You'll need to enter your SacLink user name and password from off-campus. Click on "My Endnote Web" found at the center top of this webpage to register for your account. Once registered, you can get into your account from any computer with internet access.

Login page for registered Endnote Web users: <http://isiknowledge.com/>

- Endnote and Endnote Web: <http://www.endnoteweb.com/encompare.asp>

WEB SITES and TUTORIALS

Basics of APA Style (Tutorial): <http://flash1r.apa.org/apastyle/basics/index.htm>

Frequently Asked Questions about APA Style: <http://www.apastyle.org/learn/faqs/index.aspx>

DOI and URL Flowchart from APA: determine when to include a doi, url or database information in your references.

<http://blog.apastyle.org/files/doi-and-url-flowchart-8.pdf>

Quick Guide to APA Format, 6th edition (Video): A short video by Deborah Metzger, CSU Sacramento Science Librarian

<http://library.csus.edu/guides/metzgerd/Bio1/APA7.htm>

OWL at Purdue/APA Format: <http://owl.english.purdue.edu/owl/resource/560/01/>

OWL Materials - Developing an APA Style Outline:

<http://owl.english.purdue.edu/owl/resource/544/01/>

APA Style for Electronic Sources/Trinity University:

<http://lib.trinity.edu/research/citing/APAelectronicsources.pdf>

APA (6th ed.)/ Alvin Sherman Library, Research & Information Technology Center, Nova Southeastern University: 20 page handout and links to many short videos.

<http://www.nova.edu/library/dils/lessons/apa/>

Introduction to Basic Legal Citation (LII 2007 ed.) by Peter W. Martin: for examples on citing legal references based on *The Bluebook* and the *ALWD Citation Manual*.

<http://www.law.cornell.edu/citation/index.htm>

A Sacramento State Library Research Guide compiled by **Leilani Hall**, Science Reference Librarian. leilani@csus.edu or (916) 278-6422. Last updated 10/8/2009.